

**The Best Day is Today**  
**The Seasons of Life—Part 1**  
**Ecclesiastes 3:11-13**  
**October 9, 2016**

Ecclesiastes 3:11-13 (NIV)

*<sup>11</sup>He has made everything beautiful in its time. He has also set eternity in the human heart; yet no one can fathom what God has done from beginning to end. <sup>12</sup>I know that there is nothing better for people than to be happy and to do good while they live. <sup>13</sup>That each of them may eat and drink, and find satisfaction in all their toil—this is the gift of God.*

**Today, we'll discuss some solutions to handling these transitions successfully.**

1. What are the \_\_\_\_\_ we go through?

**These seasons have been broken down this way:**

- a. \_\_\_\_\_ [birth to 12-years-old]
- b. \_\_\_\_\_ [age 13-18]
- c. \_\_\_\_\_ adulthood [age 19-39]
- d. \_\_\_\_\_ adulthood [age 40-64]
- e. \_\_\_\_\_ adulthood [age 65 and over]

2. How does \_\_\_\_\_ view the Seasons of Life?

**We tend to do about three things:**

- a. We \_\_\_\_\_ youth.
- b. We \_\_\_\_\_ growing older.
- c. We \_\_\_\_\_ our own aging.

3. How should a \_\_\_\_\_ view the Seasons of Life?

*“Remember your creator in the days of your youth.”* (Ecclesiastes 12:1NIV)

*“Even to your old age with graying hair, I am he who will sustain you.”* (Isaiah 46:4 NIV)

*“Precious in the sight of the Lord is the death of His saints.”* (Psalm 116:15 NIV)