

**Liberty or Legalism**  
**The Gospel of Mark: Servant and Savior—Part 11**  
**Mark 2:23-28**  
**March 24, 2019**

**Before we jump into our text, here are some observations about legalism:**

1. We tend to think \_\_\_\_\_ are legalistic, but that we're not.
2. Legalism is highly \_\_\_\_\_.
3. Legalism can take a vibrant faith and make it \_\_\_\_\_ and \_\_\_\_\_.
4. Legalism produces \_\_\_\_\_ and \_\_\_\_\_.
5. Legalism makes us \_\_\_\_\_ and \_\_\_\_\_.
6. Legalism makes it \_\_\_\_\_ for people to see Jesus.

**Mark 2:23-28:**

*“One Sabbath he was going through the grainfields, and as they made their way, his disciples began to pluck heads of grain. And the Pharisees were saying to him, ‘Look, why are they doing what is not lawful on the Sabbath?’ And he said to them, ‘Have you never read what David did, when he was in need and was hungry, he and those who were with him: how he entered the house of God, in the time of Abiathar the high priest, and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and also gave it to those who were with him?’ And he said to them, ‘The Sabbath was made for man, not man for the Sabbath. So the Son of Man is lord even of the Sabbath.’”*

**I'm going to borrow a three-word outline from another pastor that helps us see the flow of this narrative:**

A. \_\_\_\_\_ (23-24).

**Let's reflect on the two main purposes behind Sabbath observance in the Old Testament:**

1. \_\_\_\_\_.
2. \_\_\_\_\_.

B. \_\_\_\_\_ (25-26)

**Here's the principal:**

1. Human \_\_\_\_\_ transcend religious \_\_\_\_\_.

C. \_\_\_\_\_ (27-28)

1. The Sabbath was given to \_\_\_\_\_ us.

2. Serve the One who is \_\_\_\_\_ over the Sabbath.

**When it comes to heaven, you only have two options:**

1. You can try to \_\_\_\_\_ your way in, which will never work.

2. Or you get in by the work of \_\_\_\_\_ --Jesus.

**Rest is all about satisfaction and completion:**

- God the Father finished His work of creation and then \_\_\_\_\_ in Genesis 2:2.

He was so satisfied with His work that He could sit back and declare: "It is \_\_\_\_\_."

- Jesus completed His work when He said, "It is \_\_\_\_\_" in John 19:30.

We can only find satisfaction when we rest in the \_\_\_\_\_ that has been finished for us on the cross.

**Let me give you some quick action steps:**

1. Receive the \_\_\_\_\_ that only Christ can give you.

2. \_\_\_\_\_ to the Sovereignty of Jesus Christ.

3. Set apart a \_\_\_\_\_ for worship.

4. Put \_\_\_\_\_ over \_\_\_\_\_.