

**The Incredible Hulk
Holy Heroes—Part 2
Selected Passages
July 2, 2017**

As we look through the pages of Scripture we find at least three different types of anger that the Hulk himself experiences, as well as guidance on how to handle each one:

1. _____ .

*“An angry person starts fights; a hot-tempered person commits all kinds of sin.”--
Proverbs 29:22 NLT*

“Short-tempered people do foolish things.”--Proverbs 14:17 NLT

So how do we handle sudden anger?

1. You can be aware of what sets you off and _____ those things the best you can.
2. You can pay close _____ to how your body experiences stress.
3. _____ and _____ on God’s word can also help control our tempers.

2. _____ .

“Don’t let the sun go down while you are still angry, for anger gives a foothold to the devil.”--Ephesians 4:26-27 NLT

“Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of evil behavior. Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you.” --Ephesians 4:31-32 NLT

Stubborn anger needs to be conquered.

And the key to conquering stubborn anger is _____.

“Forgive one another, just as God through Christ has forgiven you.”--Ephesians 4:32

1. _____ .

“Be angry and do not sin.” --Ephesians 4:26 (ESV)